

MOTIVATIONAL STRATEGIES PATH CHECKLIST

NAME: _____

NOTES: 1. R = Required 2. Electives (Levels 3-5) are listed in alphabetical order in each Level.
3. Pathways projects can be done outside your Home Club. See process at the top of Page 3.

	Level 1 Mastering Fundamentals (3 Required Projects)	Date	Title	Evaluator
R	Ice Breaker			
	Speech (4 – 6 min)			
R	Writing A Speech With Purpose			
	Speech (5 – 7 min)			
R	Introduction To Vocal Variety and Body Language			
	Speech (5 – 7 min)			
R	Evaluation And Feedback			
	First Speech (5 – 7 min)			
	Second Speech (5 – 7 min) (Incorporate Feedback from First Speech)			
	Speech Evaluator			

	Level 2 Learning Your Style (3 Required Projects)	Date	Title	Evaluator
R	Understanding Your Communication Style			
	Speech (5 – 7 min)			
R	Active Listening			
	Table Topics Master			
R	Introduction To Toastmasters Mentoring			
	Speech (5 – 7 min)			

Attention! After Level 3, to go on with Level 4, you must have served as:	Date	Notes
Toastmaster Of The Meeting		
Table Topics Master		
Speaker Evaluator		

	Level 3 Increasing Knowledge (1 Required Project + 2 Elective Projects)	Date	Title	Evaluator
R	Understanding Emotional Intelligence Speech (5 – 7 min)			
	Level 3 (Elective Projects - Choose 2)			
	Connect With Storytelling Speech (5 – 7 min)			
	Connect With Your Audience Speech (5 – 7 min)			
	Creating Effective Visual Aids Speech with visual aids (5 – 7 min)			
	Deliver Social Speeches Social Speech 1 (3 – 4 min)			
	Social Speech 2 (3 – 4 min)			
	Effective Body Language Speech (5 – 7 min)			
	Focus On The Positive Speech (5–7 min) or Report (2–3 min)			
	Inspire Your Audience Speech (5 – 7 min)			
	Know Your Sense Of Humour Speech (5 – 7 min)			
	Make Connections Through Networking Speech (5 – 7 min)			
	Prepare For An Interview Role-Play-Interview (5 – 7 min)			
	Researching And Presenting Speech (5 – 7 min)			
	Understanding Vocal Variety Speech (5 – 7 min)			
	Using Descriptive Language Speech (5 – 7 min)			
	Using Presentation Software Speech with slides (5 – 7 min)			

Now you can add the Project “Prepare to Mentor“ if you want to join Pathways Mentor Program

	Meeting with your VP Education to discuss your readiness to mentor			
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NOTE 3. **To complete a project outside of your home Club or outside of Toastmasters**, you need to have prior approval of your Vice President, Education. Go to the Paths and Learning page in Base Camp and click on the "... " at the top right of this page and select "Add External Training". The process is explained in this video: https://www.youtube.com/watch?v=H9H8BBkH_aM

	Level 4 Building Skills (1 Required Project + 1 Elective Project)	Date	Title	Evaluator
R	Motivate Others			
	360° Evaluation Resource by at least one officer			
	Speech (5 – 7 min)			
	Level 4 (Elective Projects – Choose 1)			
	Building A Social Media Presence			
	Speech (5 – 7 min)			
	Create A Podcast			
	Speech with Podcast (5 – 10 min) (plus 2 – 3 min Introduction Speech)			
	Manage Online Meetings			
	Planning and conducting an online Meeting or Webinar (20 – 25 min) (Evaluator must attend!)			
	Manage Projects Successfully			
	Speech 1 (2 – 3 min, Presenting Plan)			
	Speech 2 (5 – 7 min)			
	Managing A Difficult Audience			
	Role Play Assignment Resource			
	Speech (5 – 7 min) including audience disruptions (Total time 12 – 15 min)			
	Public Relations Strategies			
	Speech (5 – 7 min)			
	Question-And-Answer Session			
	Speech with Question-and-Answer Session (15 – 20 min)			
	Write A Compelling Blog			
	Speech (2 – 3 min)			

Now you can add the Project "Mentoring" when you joined Pathways Mentor Program (Level 3)				
	Mentor Evaluation Resource			
	Speech (5 – 7 min)			

	Level 5: Demonstrating Expertise (2 Required Projects + 1 Elective Project)	Date	Title	Evaluator
R	Team Building			
	Speech 1 (2 – 3 min)			
	Speech 2 (5 – 7 min)			
	Level 5 (Elective Projects: Choose 1)			
	Ethical Leadership			
	Panel Discussion (20 – 40 min) followed by a Question-and-Answer Session			
	High Performance Leadership			
	360° Evaluation Resource			
	Speech 1 (5 – 7 min)			
	Speech 2 (5 – 7 min)			
	Leading In Your Volunteer Organization			
	360° Evaluation Resource			
	Speech (5 – 7 min)			
	Lessons Learned			
	360° Evaluation Resource			
	Speech (5 – 7 min)			
	Moderate A Panel Discussion			
	Panel Discussion (20 – 40 min)			
	Prepare To Speak Professionally			
	Speech keynote style (18 – 22 min)			

	Path Completion (1 Required Project)	Date	Title	Evaluator
	After Level 5 is completed, request Level 5 completion approval from a Base Camp Manager. When approved, a "Path Completion" section opens up with one required project, the "Reflect on Your Path" speech. When completed, request path approval from a Base Camp Manager.			
R	Reflect On Your Path			
	Speech (10 – 12 min)			

Now you can add the project "Advanced Mentoring" if you joined the Pathways Mentoring Program (Level 3 + Level 4)				
	Mentor Evaluation			
	Speech (5 – 7 min)			